# **BUUF News**



# Boise Unitarian Universalist Fellowship

# Sunday

Sunday, November 1, 9:30 & 11:15 a.m.

Social Justice Sunday: "Inch by Inch to Fertile Ground"

A sermon about food justice connecting with our November Plate Partner the Boise Farmers' Market Mobile Market.

#### **Clocks Fall Back Saturday Night!**

Saturday, October 31, remember to turn your clocks back one hour before you go to bed for that extra hour of sleep. Daylight Saving Ends 2 a.m. Nov 1. You want to be sure to come to church on time Nov 1

# Community Office Hours With Rev. Sara

1st & 3rd Wednesdays #BUUFbreak

Rev. Sara will be holding open office hours at local spots around town. Give yourself a #BUUFbreak and stop by to say hello and have a chat. Sara will post her location on Facebook and Twitter each week. No RSVP nee ded, stop in whenever you are able.

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**Nov. 4, 1:00 pm - 3:00 pm** at Fred Meyer in Meridian, 1850 E. Fairview (corner of Fairview and Locust Grove) Link to Map

# **Director of Religious Exploration**

# Roots Hold Me Close, Wings Set Me Free

**Emmie Schlobohm, Director of Religious Exploration** 

Here at the Boise UU Fellowship, our roots run deep. We have history with and connections to our Treasure Valley community and out into the world. Our beloved hymn, Spirit of Life, calls us to feel grounded and supported in our roots and to experiment and fly with our wings. We are a loving and caring people and our faith community is a place to try new things and improve on things we already do.

I spent last week among my religious education colleagues at our annual gathering. Our theme was RE Without Walls. During the week, every workshop, networking session, and mealtime conversation seemed to be buzzing about theme-based church, Full Week Faith and how to best use social media tools such as Twitter, Tumblr, and even Pinterest to create vibrant faith communities involving and including all ages. We were challenged to lift up multigenerational faith formation in everything we do and to experiment with new tools and new ideas. I'm making friends with new technologies, some of which I hadn't heard of before last week! Look for invitations in the coming days on BUUF's social media platforms



to join in the fun!

Social media is just one tool to connect families together on Sundays and beyond. Families are the heart of our BUUF community. I

# Unitarian Universalist Religious Education

have a very wide definition of family in this context. If you consider yourself a member of any family, be it related by blood, friendship, commitment to a cause, or another connection that holds you together with another person or group of people, you are in a family. From the youngest among us to our respected elders, we are a family together and a cherished mishmash of different family units on this wild ride. Our joyous messy community of like-hearted folks can be a place of love, caring and transformation. There's also movement, singing, and outbursts of the inner joy and feelings that some of our younger ones just can't hold in. As one colleague shared, a noisy church is a healthy church. That wonderful noise means we are a vibrant and inclusive community inviting all ages to be who they are in the sacred space we all create together.

In the coming weeks, our RE community will be rolling out guidance in many forms to help all of us be more mindful and inclusive to all ages. Look for bulletin boards and other signage with information about developmental ages and stages and leaflets about children in worship. And, as always, for our multigenerational services, we will have activity booklets and bags with engaging activities for the quieter times in our services.

Our children and youth are the beating growing heart of our congregation. They are a huge part of the present vitality and the future we all hope will be. Our Boston Bounders brought that point home during their service on October 18th. We all create a community that gives our congregation's young people roots and wings. Let's all work together to find ways to embrace and welcome them and make their parents and guardians feel surrounded by a community of loving and caring people.

#### **Social Justice November Plate Partner**

# **Boise City Farmers' Market Mobile Market**

## Patty Nakaoki

The Mobile Market started in 2015 as a collaboration between the Boise Farmers' Market and the City of Boise, Parks and Recreation. The market brought local fresh fruits and vegetables to 6 different locations around the city in low income neighborhoods all summer long. The Mobile Market accepts SNAP benefits and in 2015, the City of Boise matched the first \$10 of SNAP benefits with a credit at the Mobile Market. In 2016, the Mobile Market has applied for several grants, hoping to expand their services to other locations. Non-SNAP customers at the Mobile Market also help the market as their purchases help defray fixed costs (mostly staffing).



# We're Hiring!

#### Part-time Volunteer and Social Justice Coordinator

#### Patti Raino, BUUF Personnel Committee

BUUF will be hiring a part-time Volunteer/Social Justice Coordinator beginning this January. This position was approved in the annual budget to begin January 6, 2016. The person hired works 10 hours a week using a work schedule developed in coordination with our Minister. A background check is required. Pay is \$13.15 an hour.

This position will coordinate and support pathways to engagement and connection in congregational life and with social justice issues in the community. It will nurture, support, and sustain leadership. Ultimately, we hope this person will be a conduit for newcomers and members alike, providing the information and opportunities for people to find their own place, deepen their connections and strengthening the community. The position will work closely with Program Ministry Council, Welcoming Ministries Team(s) and the Social Justice Outreach Council. This position will be supervised by the minister.

The full job posting and description are available on the web, and in hardcopy just inside the BUUF office door on the right hanging file.

BUUF is an equal opportunity employer. We hire on the basis of ability, experience, and character necessary for the job without discrimination in regard to age, gender, affectional orientation, race, creed, national origin, marital status, gender identification or physical disability.

If you know of a person that would be a good fit for this position or are interested in applying for this position, e-mail a resume (work history), contact information and three names of reference to: minister@boiseuu.org

Submittal deadline is November 13, 2015. Please no phone calls.

# Spiritual Growth and Learning

#### **Contemplative Practice Group Starting**

Contemplative practice (commonly called centering prayer) is a meditative practice which originated within the 4th Century monastic tradition of the Dessert Fathers. While it has become widespread recently due to the efforts of the Cistercian monks, Fathers Thomas Keating and Basil Pennington, there is no reason it must be exclusively Christian. This group will draw from all of our UU sources for our practice.



Outwardly, centering prayer looks similar to mindful meditation, but varies in that it provides a word, phrase, or

short reading for contemplation during a period of restful silence. The health benefits of centering prayer are similar to other forms of meditation. If you would like to learn more about centering prayer and/or participate in a weekly group, meet in the Balazs (senior high) room on Tuesday morning, November 10 at 9:00 a.m.

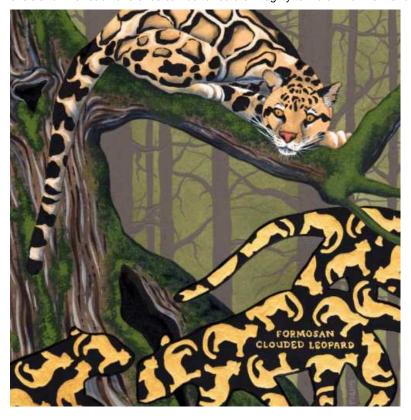
# **Extinction, Environmental Crisis & Pope Francis**

# Adult Ed Class by artist and author Mark McGinnis

#### Monday, November 16, 7 - 9 p.m. Channing Room

Each participant should pick up a copy of the booklet in the Book Nook that they could pick up in advance of the night of the discussion or at the discussion. The booklets are sold at the printing cost of \$4.00 each.

Mark will lead the discussion and the focus will be on Pope Francis' perception of the environmental crisis and what each one of us can do to restore integrity to the environment and to our lives.



#### **Fellowship Connections**

# Manos: the Hands of Fate -- Movie Night

Once again, just in time for Halloween, one of the worst movies ever made, rears its ugly head! But this time,

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it's the Restoration, in its original, full-color incompetence! You'll laugh, you'll cry, you'll ask yourself, "Why did they ever do this?" and perhaps more to the point, "What am I doing here?"

For a frightful evening of fun, join us at BUUF on Friday, October 30th at 7:00 pm in the north wing. Free admission (donations to BUUF accepted), free popcorn and lemonade.

"Manos," named the "Worst Movie Ever Made" by Entertainment Weekly Magazine and featured in an article in the October, 2015 edition of Playboy, has become a cult classic. It has spawned stage plays, video games, a puppet play, and attempts at prequels and sequels. We have a choice: the Mystery Science Theater 3000 riff version with all of its laughs, and the newly restored original. Which should we watch?

On a personal note, Bryan Jennings' father played the sheriff! Costumes are not required, but they couldn't hurt!

#### **Don't Miss Out!**

# Gwyn Reid

Come one, come all to our second Annual Pancake Supper, Saturday November 7, 6 pm.

This is a "Pay as you wish" fundraiser sponsored by BUUF's fundraising committee. We hope that everyone will come!

We'll have lots of great pancakes made from scratch (including gluten-free) Plus bacon, fake-un, and all the usual pancake trimmings.

And-BONUS - don't put away your Halloween costume; you'll have one more chance to wear it for the second annual BUUF Pay as You Wish Pancake Supper and Last Chance Halloween Costume Wearing a Extravaganza, otherwise known as BPAYWPSALCHCWE for short (pronounced B-payWepsalCheckWe). Doesn't that roll trippingly off the tongue?

# **Congregational Conversation & Luncheon**

# "Building Our BUUF Story"

Join us Sunday, November 8, 12:45 - 3 p.m. for an all congregational lunch and conversation. Children, youth, & families are welcome and encouraged to attend.

#### **Voudon to You Too!**

#### Debbie Espen

Morgaine Silverthorn will be explaining the much misunderstood Pagan religion of Voudon to us at the next meeting of Exploring Pagan/Nature Spirituality, Friday, November 13 7 p.m. in the Library, south wing. All welcome! Bring snacks/potluck, and items for the altar. Coordinate any music, prayers, etc. with Aria Ferrini (drf.oleander@hotmail.com) and Morgaine (morgainebrigid@hotmail.com)

#### Thanksgiving Dinner?

Sign up to show your interest on the clipboard on the hospitality table to share a Fun Community Thanksgiving Dinner with BUUF Friends. Someone will call you to ask you to bring a dish. Questions: Ask Nancy Harms @ nancy@boiseuu.org or 658-1710 or Wanda Jennings @ desertfox4@cableone.net or 362-7563.

# **Religious Exploration**

#### Mobile Market Magic in RE this Sunday

#### **Emmie Schlobohm**

In our continuing quest to connect what's going on in the RE classrooms with what's happening in the sanctuary during the adult services, this month's Justice Sunday on November 1 will be exploring food justice through the lens of the Boise Farmer's Market and their Mobile Market program. All are welcome to join us as we discover how food is a huge part of our lives, not just what we eat to fuel our bodies. Stories, games, and supplies to make/create will be our environment as the children are given the challenge of supporting the Boise Farmer's Mobile Market. We'll see what our young makers develop and invent and create.



#### From Outdoor Sanctuary

# **Trees Available for Adoption**

If you are interested in adopting an arborvitae or a pine tree, Outdoor Sanctuary has a deal for you. These plants currently live in the pots on the Courtyard patio and will be much happier in the ground before winter. One or both of them can be yours for a small donation towards keeping our grounds beautiful. Please call Mary Schwartzman (853-3313) or Jolene Schow (867-2152) to discuss. (Note: Pots not included.)

#### Read!

#### The Other Book Club

Come join us for lively discussion on books and other topics. We meet on the second Sunday of the month from 7 to 8:30 p.m.

Nov. 8th we will be reading *The Pearl That Broke Its Shell* by Nadia Hashimi. We will meet at the home of Erin Logan, 2116 N. 17th, Boise 83702, 336-4960.

December 13th we will be reading *Mambo King Play Songs of Love* by Oscar Hijuelos. We will meet at the home of Patti Raino, 4905 W. Outlook Ave, Boise, 83703 336-2280.

January - no gathering scheduled

February 7th (the 1st Sunday of the month) we will be reading *Being Mortal, Medicine and What Matters in the End* by Atul Gawande. Meeting place to be determined.

March 13th we will be reading the *Invention of Wings* by Sue Monk Kidd. Meeting place to be determined. If you would like to receive our emails contact Erin Logan at erins4960@msn.com

# **Photo Directory Being Printed**

#### **BUUF Members and Friends**

There will be a new printed BUUF directory coming out Sunday. It will be in a somewhat different format due to a change in the software that generates the directory.

Our new software has the ability for members to access an online directory as well as the ability to view your donation history. There are also android and apple app versions that the company is testing which should be available soon.

Please contact Mitchel Bethel ( mitchelhb@boiseuu.org ) if you would like access to the online directory.

The electronic options provide to the fellowship the advantage of reducing costs to the fellowship, reducing consumption of natural resources and providing quicker and more up to date information on current members. These options help the fellowship, the environment and the members of the congregation in the long term.

# **Coming Sundays**

Sunday, November 8, 9:30 & 11:15 a.m.

"Experience the Holy" Rev. Sara LaWall

Nancy Harms, Celebrant; BUUF Choir, Music

Sunday, November 15, 9:30 & 11:15 a.m.

"Radical Hospitality -- The Golden Rule" Rev. Sara LaWall

Sharene Watsen, Celebrant

Sunday, November 22, 9:30 & 11:15 a.m.

"Apple Communion" Rev. Sara LaWall

Emmie Schnlobohm, Celebrant

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